



BREAKTHROUGH

CHOREGRAPHE : Rob Fowler
MUSIQUE : Breakthrough (Adam Hicks)
Life is a highway (Rascal Flatts)
TYPE DE DANSE: Ligne, 32 temps, 4 murs
NIVEAU : Intermédiaire

Intro : dancing Breakthrough by Adam Hicks, start on vocal word 'Up'

Intro : Dancing Breakthrough by Pascal Flatts Life is a highway, start on vocals

1-8 – KICK & KNEES & HITCH & HEEL, STEP ¾ TURN TOUCH BEHIND

1&2& Kick right forward, Step right together, Bend both knees out (plea), Knees together
3&4 Right hitch, Step right next to left, Touch left heel forward
&5 - 6 Step left next to right, step forward onto right, ½ pivot turning left
7 - 8 ¼ turn left stepping right to right side, touch left behind right, clicks fingers

9-16 – SYNCOPATED WEAVE with a ½ TURN, SWEEP, CROSS, SIDE, ¼ TURN RIGHT SAILOR STEP

1 - 2 Step left to left side, Step right behind left
&3&4 ¼ turn to left onto left foot, ¼ turn left stepping right to right side, step left next to right, sweep right in front of left (no weight)
5 - 6 Cross right foot over left, step left to left side
7&8 ¼ turn right sailor step

17-24 – KNEE ROLL ½ TURN, COASTER STEP, SWITCH LEFT & RIGHT, RIGHT HEEL JACK

1&2 Step forward onto left, roll right knee around half a turn to the right, push back into left heel
3&4 Right Coaster Step
5&6 Touch left to left side, step left next to right, touch right to right side
7&8& Cross right over left, step left to left side, touch right heel to right diagonal, step right next to left

25-32 – CROSS, SIDE, ¼ TURN LEFT SAILOR STEP, x 2 ½ TURNS LEFT, WALK, WALK

1 - 2 Cross left over right, step right to right side
3&4 ¼ turn left sailor step ¼ turn
5 - 6 ½ turn left stepping back onto right, ½ turn left stepping forward onto left
7 - 8 Walk right, walk left

RECOMMENCER AU DEBUT AVEC LE SOURIRE