



# FLASHDANCE

**CHOREGRAPHE :** Judy Rodgers  
**MUSIQUE :** Flashdance...What a Feeling by Irene Cara;  
**TYPE DE DANSE:** Danse en Ligne, 4 murs – 32 temps  
**Style :**  
**NIVEAU :** Débutant

**88 count intro (no tags, no restarts) - See option at end of dance to start after 16 counts.**

**1 – 8 Cross rock, side rock, cross rock, side, cross, side, behind, side**

1&2& Cross rock R over L, recover L, rock R to side, recover L,  
3&4 Cross rock R over L, recover L, step R to side  
5-8 Cross L over R, step R to side, cross L behind R, step R to side

**9 – 16 Cross rock, side rock, cross rock, side, cross, side, behind, turn ¼**

1&2& Cross rock L over R, recover R, rock L to side, recover R,  
3&4 Cross rock L over R, recover R, step L to side  
5-8 Cross R over L, step L to side, cross R behind L, turn ¼ left step L forward 9:00

**17 – 24 Step ½ turn, shuffle ½ turn, rock, recover, kick ball point**

1-2 Step R forward, pivot ½ left 3:00  
3&4 Shuffle turn ½ left stepping R L R9:00  
5-6 Rock L back, recover R  
7&8 Kick L forward, step down on L, point R to right side

**25 – 32 Samba step, samba step, jazz box**

1&2 Cross R over L, rock L to left side, recover R  
3&4 Cross L over R, rock R to right side, recover L  
5-8 Cross R over L, step back on L, step R to side, step L forward

**Option: If you don't want to wait 88 counts to start, you can start after a 16 count intro, You would dance the dance 2 full times which would put you at the 6:00 wall. Add the 8 count tag below to bring you back to the front wall – the dance is full speed at this point.**

**After wall 2 (at 6:00) – one time only ...if you start after 16 count intro..... add the 8 count tag below, then start the dance again from front wall.**

1&2& Cross rock R over L, recover L, rock R to side, recover L,  
3&4 Cross rock R over L, recover L, step R to side  
5-8 Step L forward, pivot ½ turn right, step L forward, touch R beside L

**RECOMMENCER AU DEBUT AVEC LE SOURIRE**